



SOMERVILLE
INTERMEDIATE SCHOOL

“the best you can be”

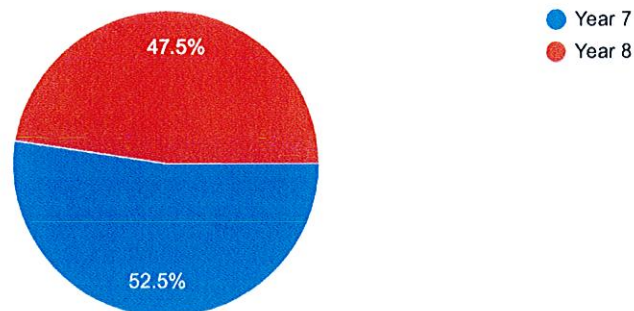
Health Consultation Survey - 2023

We consulted with our parent community in May/June 2023.
There were 204 respondents (239 respondents in 2021).
The responses provided a representative sample across Year 7 and Year 8.

This report captures responses, comments and considerations for the delivery of the Health curriculum.

Which year level is your child?

204 responses



Health Curriculum Delivery Statement

The following Health curriculum delivery statement was endorsed by 92.6% of respondents:

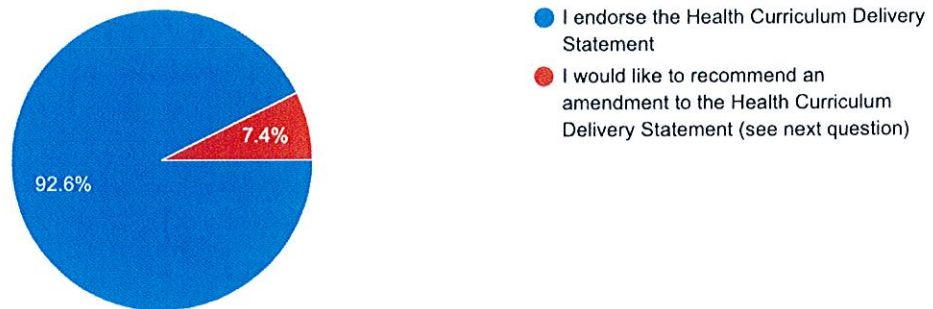
At Somerville Intermediate, Health and Physical Education is aimed at providing regular, progressive and safe learning experiences where positive attitudes to health, physical education and sport are encouraged. Students are provided with the opportunity to develop critical inquiry through a varied and interactive Health and Physical Education programme.

Programmes are developed to meet the needs of students of intermediate age, specific to our school and community. Our aim is to plan and deliver culturally responsive and engaging units of learning that empower students to make health enhancing choices in the key areas of learning: mental health; sexuality; food and nutrition; body care and safety; physical activity and emotional wellbeing.

Students are encouraged to set goals, develop independence, resilience and responsibility and promote wellbeing for themselves, and others. Opportunities are provided for students to work co-operatively and play fairly. Somerville Intermediate School teachers use a range of appropriate teaching strategies that engage students and enable development of the key capabilities/competencies while taking opportunities to integrate Health Education learning with other aspects of The New Zealand Curriculum.

People with expertise from within the school and the wider community are involved to enrich and extend the programmes. An interactive partnership between the school and home is maintained to involve and keep parents/the community informed of activities and expectations. Students' learning and progress are monitored through a variety of formative and summative assessment strategies and are recorded in relation to key objectives.

204 responses



Of the 17 comments, there were 10 comments in relation to 'sexuality education', either seeking clarification or expressing a reservation based on personal, religious or cultural beliefs.

One comment suggested that 'resource people' be clarified. This could be amended to read, 'people with expertise'.

Year 7 – Keeping Ourselves Safe

Key Objectives:

a) Interpersonal Skills:

Students will identify the pressures that can influence interactions with other people. Students will describe and demonstrate a range of assertiveness, communication skills and processes that enable them to interact appropriately with other people.

b) Safety Management:

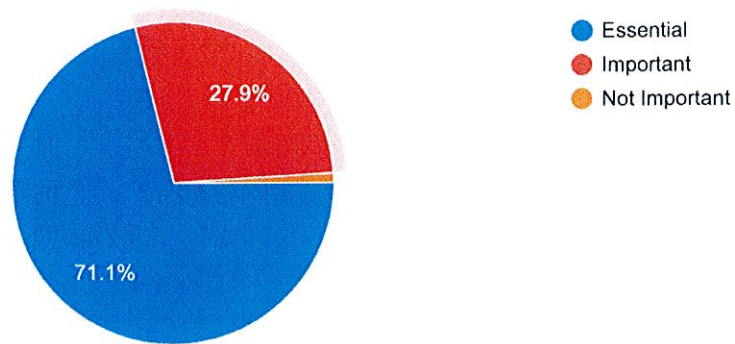
Students will identify and use safe practices and basic risk management strategies.

c) Community Resources:

Students will investigate and/or access a range of community resources that support wellbeing.

I consider this unit and its key objectives to be

204 responses



Comments (14):

Reinforced the importance of this unit and a few sought clarification about 'community resources'.

Year 7 & 8 - Self Esteem and Anti-Bullying Unit:

Key Objectives:

a) Interpersonal Skills:

Students will be able to describe and demonstrate a range of assertive communication skills and processes that will enable them to interact appropriately with other people.

b) Safety Management:

Students will be able to access and use information to make and action safe choices in their everyday lives and as digital citizens.

c) Identity, Sensitivity and Respect:

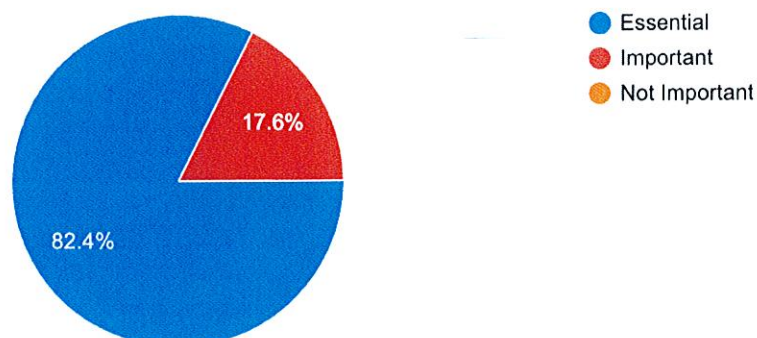
Students will recognise instances of discrimination and act responsibly to support their own rights and feelings and those of other people.

d) Cyberbullying:

Students will be able to describe and demonstrate a range of strategies to keep themselves and others safe online.

I consider this unit and its key objectives to be

204 responses



Comments (14):

The need to cover different forms of bullying and strategies to deal with, particularly online bullying, was reinforced.

Year 7 & 8 – Relationship and Sexuality Education:

Key Objectives:

a) Personal Growth and Development:

Students will describe the characteristics of pubertal change (emotional and physical) and discuss positive adjustment strategies.

b) Personal Identity:

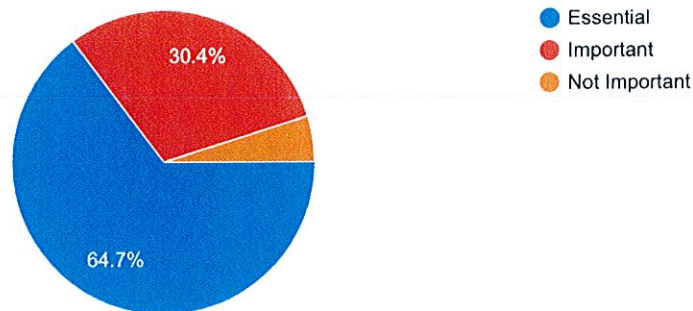
Students will describe how social messages and stereotypes, including those in the media, can affect their sense of identity and self-worth.

c) Interpersonal Skills:

Students will recognise and understand a range of perspectives and will develop skills that enhance their interactions and relationships with others.

I consider this unit and its key objectives to be

204 responses



Comments (30):

A range of perspectives, from strong endorsement, requests for clarification about content and concerns based on personal, cultural and religious beliefs were shared.

Communication:

Before this unit begins, we send out a letter to all our parents with information about what will be covered so that they are aware. Parents can request access to detailed unit plans and if they so choose, request that their child be withdrawn from the programme. Students who are withdrawn are provided with purposefully learning and are accommodated in another of the whanau classes.

Year 7 & 8 - Wellbeing

Key Objectives:

a) Personal Growth and Development:

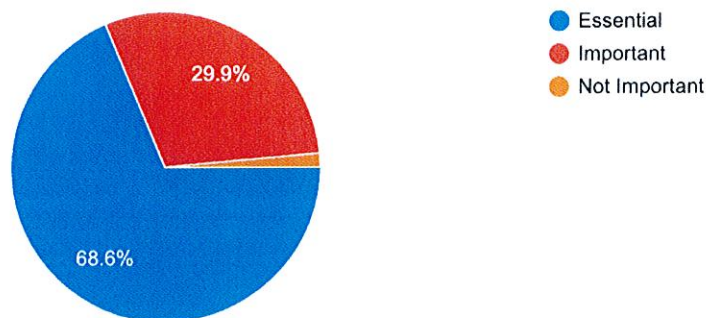
Students will develop strategies and identify tools they can use to build and sustain healthy thoughts, emotions, actions, experiences.

b) Safety Management:

Students will identify and describe how life style factors, media influences and choices affect wellbeing.

I consider this unit and its key objectives to be

204 responses



Comments (14)

Strong support included the need for strategies to identify stressors in self and others; the benefit of routines, creative expression, indigenous knowledge and having a trusted person.

Year 7 & 8 – Digital Citizenship

Key Objectives:

a) Personal Growth and Development:

Students will understand how digital media is designed to either help or hinder the addition of meaning and value to their lives and how to develop good, healthy habits when using digital media.

b) Interpersonal Skills

Students will describe and demonstrate a range of assertive communication skills and processes that enable them to interact appropriately with others when online.

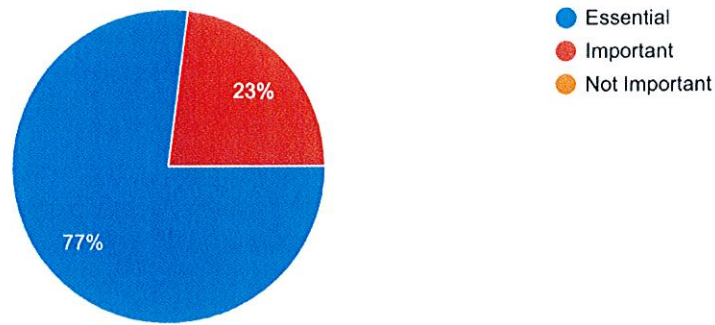
c) Safety management:

Students will understand regulations and develop strategies for managing digital literacy, privacy, security, scams and a digital footprint.

Students will be aware of how to seek advice and support.

I consider this unit and its key objectives to be

204 responses



Comments (10)

All identified the need to develop digital citizens who know how to stay safe online.

Year 7 & 8 – Physical Education

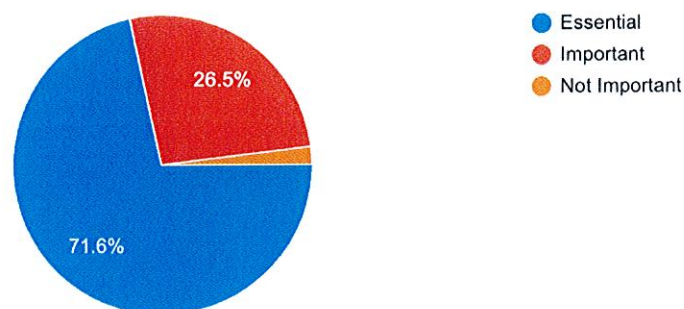
Key Objectives:

To enable students to develop through structured physical education lessons and sport:

- 1) A range of skills and strategies through participation and competition
- 2) Positive attitudes to health, fitness and wellbeing
- 3) Understanding of practices that support body care when engaged in physical activity
- 3) Team work and sportsmanship

I consider the Physical Education programme and it's key objectives to be:

204 responses



Comments (11)

A range of comments which included one about the need to shift from traditional ways of teaching PE to include a focus on diverse forms of movement, to the value of sport that is not competitive and an acknowledgement about students who are less capable being provided with opportunities to participate in training.

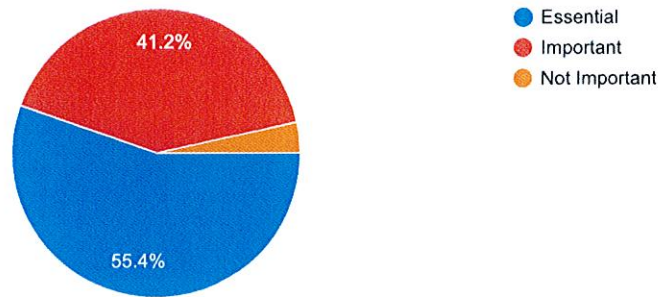
Year 8 - Careers Unit:

Key Objectives:

To empower students to acquire knowledge, skills, information, and attitudes that will support and positively enhance their career development.

I consider this unit and its key objectives to be

204 responses



Comments (10)

The comments reflected views that careers education is either good or generally taught at college.

Comment about topics that parents would like to see implemented in a particular way (40).

There were a range of comments that touched on several areas. The common thread was the use of suitable qualified/reputable 'experts' and informing parents when 'experts' would be involved in delivering lessons.

Other relevant health education needs

There was both support for and concern about teaching consent; sexuality education.

Most areas of the areas mentioned are already included in the health units.

Other areas mentioned (one-off comments):

Dental health

Bereavement

Grooming and presentation

Mindfulness

Nutrition

Effects of alcohol, drugs, vaping

Summary

There is strong support for each of the health units.

A few parents would prefer that their children are withdrawn from the Relationship and Sexuality Education lessons. Parents are advised via letter about how they can arrange this, as well as, how they can request information about the detailed unit plans.

Some aspects of health units are delivered by outside experts' facilitators. Parents are informed prior to units starting about these arrangements.

When compared with the 2021 Health Curriculum Consultation Survey, the results are very consistent, across the board, except for Digital Citizenship where there is even greater support (in 2021 69.9% considered the unit essential and 29.7% considered the unit important).

In order to have more of a focus on 'Wellbeing', time has been dedicated to incorporate this effectively and this has meant that the unit, 'Nutrition, Substances and the Body' has not been scheduled. The latter is still considered very important (2021 feedback below) and consideration about how this unit will be incorporated in 2024 is required.

Year 8 - Nutrition, Substances and the Body:

I consider this unit and its key objectives to be
239 responses

